

# News Leader

FORT SAM HOUSTON

A PUBLICATION OF THE 502nd AIR BASE WING — JOINT BASE SAN ANTONIO



*"One Team, Supporting Military Missions and Family Readiness!"*



Photo by Col. John H. Garr

Flame and noise fill the air as a cannon blast commemorated the entry of the state of Texas into the union in 1845. Fifty cannon blasts rang out to commemorate the 50 states in the union.

## A Fort Sam Fourth



Photo by Deyanira Romo Rossell

Nigel and Mateo Fodor, 6 and 4 years old respectively, are appropriately decked out for the July 4 celebration at Fort Sam Houston.



Photo by Deyanira Romo Rossell

Retired Lt. Col. Stephen W. Rohrbough, with the San Antonio chapter of the Sons of the American Revolution, rang a bell for each of the original 13 American colonies as they were announced.

## Former garrison, current 502nd MSG commander reflects on transition of Fort Sam Houston

By Lori Newman  
FSH News Leader

Col. Mary Garr may be small in stature, but her legacy as the first 502nd Mission Support Group commander will leave a huge and indelible imprint on Fort Sam Houston.

"I knew coming into command in 2008 that

Fort Sam Houston was undergoing the largest amount of military construction in its history and was in the beginning phases of planning for the transition into an Air Force-lead joint base," Garr said.

"I wanted to ensure that, in spite of all that, we would maintain our

mission to provide a safe, quality living and working environment for everyone we support on Fort Sam Houston," the colonel said.

"Walking in the door, I teasingly said, 'I work for everybody,' but in reality, I do," Garr added.

The colonel spent the first six months of her command assessing the

environment, trying to move Fort Sam Houston in a forward direction.

A big part of that was developing an effective strategic communications plan to convey the scope of all the changes and how they would impact the units and people the

See GARR, P3

Col. Mary E. Garr  
Fort Sam Houston  
Garrison Commander  
2008-2010

502nd MSG Commander  
2010-2011



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# Gates bids farewell: 'You are the best that America has to offer'

By **Robert M. Gates**  
Former Secretary of Defense



**Official photo**  
Robert M. Gates  
Secretary of  
Defense

To the men and women of the United States Armed Forces: It has been the greatest honor of my life to serve and to lead you for the past four-and-a-half years. All of that time, we have been engaged in two wars and countless other operations.

It has been a difficult time for you and for your

of those of you who have lost friends and family in combat or those of you

families, from long and repeated deployments for those in all four services – and the associated long separations from loved ones – to the anguish

who have suffered visible and invisible wounds of war yourselves.

But your dedication, courage and skill have kept America safe even while bringing the war in Iraq to a successful conclusion and, I believe, at last turning the tide in Afghanistan.

Your countrymen owe you their freedom and their security. They sleep safely at night and pursue their dreams during the day because

you stand the watch and protect them.

For four-and-a-half years, I have signed the orders deploying you, all too often into harm's way. This has weighed on me every day.

I have known about and felt your hardship, your difficulties, your sacrifice more than you can possibly imagine.

I have felt personally responsible for each of you, and so I have tried to do all I could to

provide whatever was needed so you could complete your missions successfully and come home safely – and, if hurt, get the fastest and best care in the world.

You are the best that America has to offer. My admiration and affection for you is without limit, and I will think about you and your families and pray for you every day for the rest of my life.

God bless you.

## Panetta: 'There will be no hollow force on my watch'

By **Leon Panetta**  
Secretary of Defense



**Official photo**  
Leon Panetta  
Secretary of  
Defense

Today (July 1), I was honored to take the oath of office to become the 23rd Secretary of Defense. I am mindful of the great responsibility the President has entrusted to me, and I will work with you – America's men and women in uniform and this Department's civilian employees – as I lead the Department of Defense in its mission to protect our citizens and our nation's interests around the world.

My long career in public service began in the 1960s when I proudly donned the uniform of this country as a young Army intelligence officer. In the decades since, my respect for the military has only grown stronger.

Bob Gates, my outstanding predecessor and good friend, has been a tireless advocate for our troops and their families, and I pledge to be the same. You and your families will always be foremost on my mind and at the top of my agenda.

In the weeks and months ahead, I look forward to visiting with troops and civilian employees of every rank and hearing your ideas, thoughts,

and concerns.  
As your leader, I will

ensure that our nation continues to have the best-trained, best-equipped, and strongest military in the world – a force prepared to confront the challenges that face us.

As CIA Director, I saw first-hand the tremendous capabilities of our military, and I was always impressed by the professionalism and patriotism of the men and women of the Armed

Forces.

Our nation is at war. We must prevail against our enemies.

We will persist in our efforts to disrupt, dismantle, and ultimately defeat Al Qaeda. The successful operation that killed Osama Bin Laden – a mission that showcased American military strength and precision – is a major step toward that goal.

As we begin the tran-

sition in Afghanistan, we must remain committed to working closely with our Afghan and international partners to ensure that it never again becomes a safe haven for Al Qaeda and its militant allies.

As we continue our transition out of Iraq, we must cement a strategic relationship with the Iraqi government, one

**See PANETTA, P14**



## News Briefs

### 502nd MSG Change of Command

Col. Mary Garr will relinquish command of the 502nd Mission Support Group to Col. John Lamoureux during a ceremony July 8 at 9 a.m. at the Fort Sam Houston flagpole.

### Gas Line Installation

City Public Service will be constructing a gas line from July 11 through Oct. 9. Construction will be off N. New Braunfels Road near the Quadrangle, proceed through the Infantry Post area and continue up to Building 4011. Call 221-1983 or 221-4277 for more information.

### Pre-Command Course

This course for new first sergeants and company commanders will be held Aug. 2-5. The intent is to provide new company leadership a full understanding of 502nd MSG resources available to assist them during their time in command at Fort Sam Houston. Briefing will be given by various 502nd MSG organizations the first three days with a tour of training facilities at Camp Bullis the fourth day. Register by July 28. Call 295-9006.

### PHCR-South Change of Command

The Public Health Command Region-South will hold a change of command ceremony July 21, 8 a.m. at the FSH flagpole.

### VETCOM Inactivation

Veterinary Command will hold an inactivation ceremony July 22, 8 a.m. at the FSH flagpole.

### ABC-C Website

The following changes have been made to the ABC-C website at <https://www.abc.army.mil/>:

- A link to OPM's LifeCycle Events page has been added to the "Announcements."
- A new page titled "Social Security" has been added under "Benefits Topics."
- The Date of Retirement (DOR) Change/Withdrawal Form is available under "Benefits Topics," select "Forms," then "Retirement,"

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## Garr farewell

### from P1

group supports, as well as all the employees, the colonel explained.

"We focused very hard to ensure that our garrison staff planned for and understood what they needed to do to transition into whichever role they fell into within the joint base transition, whether it was the Mission Support Group, Wing-level or within an Army unit," Garr said.

Fort Sam Houston has been joint in many ways for years, the commander said.

"We have had Navy anchors on Stanley Road for a number of years with the Navy Recruiting District. Sailors, Airmen, and Coast Guard students also train here. We have a Marine unit that lives, works and trains here," Garr said.

"We have partnerships with Mexico and Canada through U.S. Army North and partnerships with much of the rest of Latin America through U.S. Army South. Now we are formalizing that relationship through the joint base," she added.

The 502nd MSG commander said a great benefit of joint basing is that young service members coming here for training have the opportunity to interact with service members from other military branches and cultures.

"Sustained over time, when they are in more senior-level positions, it will be much easier for them to work together rather than divert back to their individual service culture, especially when each service uses similar words or acronyms that mean different things," Garr said.

The colonel's commitment to service members, their families and civilians who live and work on Fort Sam Houston led to a number of new programs being implemented on post such as outdoor movie nights, doggie dashes and dips, and the New Year's Eve midnight madness fun run.

"We recruit service members, but we retain their families and I needed to make sure we were doing that," the commander said.

During her tenure, massive construction projects were underway, with more than 50 new buildings being constructed on post and numerous other historic buildings adapted for reuse.

"At the same time, we were negotiating with our Air Force counterparts, Headquarters Air Force, Headquarters Department of the Army and the Office of the Secretary of Defense on what Joint Base San Antonio should look like and the role of Fort Sam Houston," Garr explained.

What the commander constantly tells her staff is, "No. 1, failure is not an option. Congress said we would do this, so there is no turning back. No. 2, we need to be the drivers of change, because change is going to happen whether we are ready or not."

One of the points Garr started socializing very early on in her command was that Fort Sam Houston needed to be one community transitioning into joint base, not 100 tenant units.

"We cannot succeed in a joint base environment, as a community, if we are not a team," the colonel said. "We are still evolving in our transition."

"Fort Sam Houston went to full operational capability in October 2010, but we are still growing and maturing and trying to figure out what right looks like," Garr said. "It will take another year, if not two, before the dust will start settling and we figure out the



future direction of Joint Base San Antonio."

The Defense Department is trying to determine how they need to manage their budget within the context of larger government's economic challenges, the commander explained. The Army and Air Force are doing the same and that will very much affect Fort Sam Houston as an installation.

"We have gone from 64 to about 100 units now on Fort Sam Houston," Garr said. "I think everybody should be very proud of having a piece in this truly historic transformation, because Fort Sam Houston is a very, very, viable player in the support of our nation's defense and a key member of the greater San Antonio community."

Garr also credited the many community leaders who helped shape JBSA including the city council and mayor of San Antonio, the Military Transformation Task Force, members of the Joint Land Use Study committees and Bexar County commissioners.

"There has been a tremendous show of support from the city and the county to help make sure we move forward in a positive direction and it

shows," Garr said.

"It's been an honor to be the commander at this point in Fort Sam Houston's history. I care deeply about Fort Sam Houston."

Garr said it is also bittersweet because she is the last garrison commander. "We have a very strong history as an Army post here in San Antonio, with the Army dating back to 1845 here."

"In some ways, it's almost like ending an era and that's sad," she said. "At the same time, it's exciting to be part of the beginning of a new era and have an opportunity to forge a new mold in what future military installations could look like."

"I want to reassure the personnel on Fort Sam Houston that even though we have evolved from a garrison to a group structure our mission is still the same," the commander said. "We are out there providing a safe living and working environment for everybody we support on Fort Sam Houston. Our commitment to that mission is unchanged."

Garr will be staying on Fort Sam Houston; her new position will be as the chief of operations for the new San Antonio Military Health System.



## News Briefs

from P3

then "General Retirement Forms."

• Under the "What's Hot" section check out the "New Employee Benefits Tool Kit," "New Employee Orientation Briefing," and "Retirement Forms Preparation Briefing."

### ID Card Appointments

The One Stop/Welcome Center, Building 367 on Stanley Road is open to walk-in customers Monday-Friday 7:30-11 a.m. or the first 50 people. Appointments can be made online at <http://appointments.cac.navy.mil/appointment/building.aspx?BuildingId=23>. Appointment hours are Monday-Friday 1-3 p.m. Call 221-0415 for information.

### ASSETs Training

Action Skills for Supervisors and Effective Teams training is a mediation/diversity training program which promotes growth and provides management and employees with tools designed to meet the biggest paradigm shift in DOD to date-Joint Base San Antonio. Learn to positively interact in conflict situations such as dealing with difficult customers, difficult co-workers or bosses, or lead difficult subordinates or co-workers (involves role-plays in conflict resolution). Open to all Joint Base Military and civilian employees; grade/rank – GS, WS, NSPS, and E-5 and above/O-1 and above. Training is 8 a.m. to 4 p.m. July 11-12 at the Battle Command Training Center, Building 4015, Room 2. Register at <https://afkm.wpafb.af.mil/community/views/home.aspx?Filter=00-DP-AE-04> or show up for the class and room will be made available. For more information, call 221-0561/0218.

### Leadership Federal Executive Board

The Alamo Federal Executive Board is accepting applications for the Leadership Federal Executive Board program for 2011-2012. LFEB is a leadership program designed to identify and groom a cadre of federal leaders to understand and appreciate the working relationships between federal agencies in San Antonio. For more information, click on <http://www.sanantoniofeb.org>.

# 470th Military Intelligence Brigade changes commander

By Gregory Rippes  
470th MIB Public Affairs

In a ceremony including the traditional passing of the unit colors, Col. Pierre Gervais succeeded Col. Jim Lee as commander of the 470th Military Intelligence Brigade June 29 at Fort Sam Houston.

Maj. Gen. Mary A. Legere, commanding general of the Intelligence and Security Command, presided at the ceremony.

On the field flew the colors of all the brigade's nine subordinate battalions – two of whose main bodies are deployed overseas – plus a military intelligence company, and the brigade's headquarters and headquarters detachment.

"Heroes all, thank you for your service in your silent war on terrorism," Legere said to the military intelligence professionals.

Lee noted that the brigade included 2,300-plus Soldiers and civilians who have deployed for duty to Afghanistan,

Iraq, Colombia and as far south as Paraguay, in South America, and recently began missions for Army North.

"They deployed [as] interrogation battalions, aerial Intelligence, Surveillance and Reconnaissance detachments, cryptologic support teams, Low Level Voice Intercept teams, counterintelligence agents and human intelligence teams," Lee said.

"They developed, trained and certified Forces Command's intelligence multi-functional teams while balancing requirements and developing future doctrine and TTP [tactics, techniques and procedures].

"The challenges are – and will continue to be – significant, and the task is daunting for the 470th as your missions in Southern Command, Central Command and Northern Command continue to evolve," Lee continued. "It is our solemn duty and sacred trust to continue to improve our units, as the nation is counting on us all."



Photo by Spc. Natalie Sampson

Maj. Gen. Mary Legere, commanding general of Intelligence and Security Command, presents the 470th Military Intelligence Brigade colors to Col. Pierre Gervais, incoming brigade commander, symbolizing the change of command during a ceremony on MacArthur Field at Fort Sam Houston June 29.

Lee moves on to become G2 (assistant chief of staff for intelligence) for U.S. Army Europe.

Gervais, whom Legere termed as "a Soldier, a leader and an intelligence professional," comes to the 470th MI Brigade after serving as executive officer for the director of the Defense Intelligence Agency.

"To the men and women of the 470th Griffins, there is no greater honor for me than to serve as commander," Gervais said. "I recognize and understand all of your sacrifices, and those of your families, and I deeply appreciate your commitment, dedication and willingness to put service above self."

## NMTC welcomes Larnerd, bids farewell to Craigmiles

By L.A. Shively  
FSH News Leader

Navy Capt. R. Gregory Craigmiles turned the helm of the Navy Medicine Training Center over to Navy Capt. John D. Larnerd, June 24, in a traditional ceremony that included ruffles and flourishes; and the "Admiral's March" to honor distinguished guests.

After a ceremonial inspection of the Sailors, Larnerd read his orders aloud, saluted Craigmiles and took command of NMTC.

In his remarks, Larnerd recognized the value of Craigmiles' service to NMTC.

"I am truly humbled and honored to take command of this outstanding organization. Capt. Craigmiles – it has been an honor serving as your executive officer for the past 10 months. Today, I have inher-

ited an exceptional command that has been well prepared by you to meet its mission.

"I have seen the passion with which you have built, led and defended this organization and my prayer today is that God will grant me the wisdom, strength and perseverance to carry on your work in the years ahead."

Larnerd also acknowledged the importance of the Navy family and of his family, ensuring his wife, Debbie, receive a weekly bouquet of roses as promised.

"Here is my first installment," he joked.

He extolled the rapid growth of NMTC saying, "This command is in the middle of a metamorphosis that few in Navy Medicine have ever experienced. In 2008, when this command was first commissioned, it was a sleepy,

little detachment of about 40 people.

"When I checked aboard 10 months ago, we were about 200 strong. Today, 358 instructors and staff work tirelessly to provide the best educational experience possible to over 2,000 students engaged in more than 30 courses of study.

"Within the next six months we will reach our end strength of over 600 faculty and staff and nearly 3,000 students. We will be one of the largest commands in all of Navy Medicine."

Craigmiles came to Fort Sam Houston as NMTC's first commanding officer in February 2008. Larnerd had been Craigmiles' executive officer since August 2008.

Craigmiles began his re-



Photo by L.A. Shively

Navy Capt. R. Gregory Craigmiles presents a bouquet of flowers to his granddaughter Audrey Thompson, thanking her for her support.

# Wounded warriors receive Purple Hearts

By Maria Gallegos  
BAMC Public Affairs

Brooke Army Medical Center honored two wounded warriors during separate Purple Heart ceremonies held at the Warrior and Family Support Center.

Explosive ordnance disposal specialist Sgt. William D. Carlson was honored for his bravery and selfless sacrifices at the Warrior and Family Support Center June 14.

Col. Noel Cardenas, BAMC deputy commander for administration, opened the ceremony, followed by Maj. Gen. Michael J. Terry, commander of the 8th Theater Sustainment Command, who presented the medal and certificate.

"They (Carlson and his family) have already proven how strong they are by being here," Terry said. "I am honored and



Photos by Maria Gallegos

Sgt. William Carlson receives the Purple Heart medal and certificate from Maj. Gen. Michael Terry, commander of the 8th Theater Sustainment Command, June 14 at the Warrior and Family Support Center as his wife Kelly looks on.

thankful we are here together [on this day]; we are all family."

Carlson, an Austin native assigned to the 74th Explosive Ordnance Disposal Company, 303rd EOD Battalion, was injured in Afghanistan while conducting a dismounted sweep of a

house when an improvised explosive device detonated, resulting in his combat injuries.

Spc. Jack W.P. Zimmerman also received his Purple Heart medal and certificate for his courage and valor from

Minnesota State Representative John Kriesel at the WFSC June 16.

Zimmerman, assigned to Company C, 2nd Battalion, 502nd Infantry, 2nd Brigade Combat Team, 101st Airborne Division, was conducting a dismounted patrol in Afghanistan when a pressure plate improvised explosive device detonated, resulting in his combat injuries.

Kriesel, an Operation Iraqi Freedom Army National Guard veteran who was also injured from an improvised explosive device in Iraq, commented on the similar background of Zimmerman and how he is here for him to support in any way he can.

"Every minute here [at BAMC] is worth it, every time you are struggling in physical therapy, you

know to fight harder, because it's going to make your life back at home much easier," Kriesel said. "And I'm here for you [Zimmerman], any questions you have, anything I can do for you."

The Purple Heart is awarded to members of the Armed Forces of the United States who

are wounded by an instrument of war in the hands of the enemy and posthumously to the next of kin in the name of those who are killed in action or die of wounds received in action. It is specifically a combat decoration and the oldest military honor in the world in use.



Spc. Jack W.P. Zimmerman poses with his wife, Megan, and Minnesota State Representative John Kriesel, after he presented Zimmerman with the Purple Heart medal and certificate at the Warrior and Family Support Center June 16.



# Army agriculturist receives Bronze Star

By Maria Gallegos  
BAMC Public Affairs

San Antonio native 1st Lt. David Inbody, assigned to Texas Army National Guard, received the Bronze Star June 20 at the Warrior and Family Support Center.

Inbody received the medal for exceptionally meritorious service in Afghanistan in support of Operation Enduring Freedom from Dec. 7, 2009 to Jul 14, 2010.

Maj. Gen. M. Ted Wong, commanding general of Brooke Army Medical Center and Southern Regional Medical Command, opened the ceremony, followed by Maj. Gen. John F. Nichols, the adjutant general of the Texas Military Forces at Camp Mabry, who presented the medal and certificate.



Photo by Maria Gallegos

Bronze Star recipient 1st Lt. David Inbody received his medal and certificate from Maj. Gen. John Nichols (left), the adjutant general of the Texas Military Forces at Camp Mabry, June 20 at the Warrior and Family Support Center as his wife, Tiffany, looks on.

Inbody was part of a 70-member Agriculture Development Team from the Texas Army National Guard deployed to Afghanistan to help the Afghan people modernize

their farming techniques.

On July 15, 2010, while riding in a mine resistant ambush protected vehicle, his convoy was hit by a roadside bomb resulting in serious

injuries to his right foot and injuries two other men.

"We had gotten some information that the Taliban were making a push into one of those areas that we had worked with," said Inbody. "We were actually done with our mission that day and were on our route home and that's when we got hit."

He was flown to Walter Reed Army Medical Center for surgery before being transferred to BAMC where he was fitted for a prosthetic foot and continues to receive rehabilitation care at the Center for the Intrepid.

More than 70 family members, comrades and medical staff gathered at the ceremony to honor and recognize Inbody's dedication and service to his country.

## NMTC from P4

marks with a quote from Navy Adm. Georgette Anderson, then Chief of Naval Operations in 1961: "The Navy has both a tradition and a future and we look with pride and confidence in both directions."

"I love that quote and have used it frequently here in San Antonio, where we've worked to maintain the tradition of the Navy Hospital Corps while building the gateway to Navy Medicine."

Reflecting on his 30 years in the Navy, Craigmiles said the time had passed more quickly than expected.

Although he didn't originally intend to make the Navy a career, he quoted John Lennon in that "Life is what happens to you when you're busy making other plans."

He explained that he'd hoped his time in ser-

vice would lead him to a career, but life had other plans.

Craigmiles urged others to volunteer often as he had done and when his department head at the time, Navy Cmdr. Roy Cohen, suggested that Craigmiles stay to make the Navy a career, he said that meeting was the impetus to changing the direction of his life.

Craigmiles stressed that it was positive leadership that inspired him to make the Navy a career. Then he bid farewell to NMTC.

"To the men and women of Navy Medicine Training Center, I have faith in you. Whether you find yourselves sailing with the wind on calm seas, or sailing against the wind during a raging storm, I know you will support and sustain all Sailors who pass through the gateway to Navy medicine."



# 502nd MSG celebrates organizational day

By Deyanira Romo Russell  
502nd FSS Marketing

With more than 1,300 civilian and service

member employees and contractors, the 502nd Mission Support Group and their families brought Salado Park

to life June 30 for the 502nd MSG Organizational Day. The yearly picnic offers the 502nd team an opportunity to

relax, play games and enjoy lunch together.

"The success of Fort Sam Houston and Joint Base San Antonio is ultimately going to be your success. We can't do it without you," Col. Mary Garr said to the crowd of picnickers, just a week before turning over command of the 502nd MSG.

The families also had a special visit from Lt. Gen. Guy Swan III, U.S. Army North commander.

"You have done a lot of great work and I want to thank you on behalf of all the Fort Sam Houston community," Swan told the group.

The 502nd MSG joined the 802nd MSG at Lackland Air Force Base and the 902nd MSG at Randolph AFB to form



Col. Mary Garr mingles with members of the 502nd Mission Support Group team at Organizational Day 2011 at Salado Park.

the support infrastructure for Joint Base San Antonio, the largest joint base initiative in the Department of Defense. The three mission support groups fall under the 502nd Air Base Wing, headquartered on Fort Sam Houston.

"A lot of volunteers gave a lot of hours from each squadron to put Organization Day together. We are grateful to them for making Org Day a great success," said Paul Kotchman, Community Services Flight Program Manager.



Photos by Deyanira Romo Russell

Employees of the 502nd MSG showed off some moves at Salado Park, enjoying good music and co-workers.





# WHMC commander receives France's highest decoration

By G.W. Pomeroy

AF Surgeon General Public Affairs

The commander of the 59th Medical Wing at Lackland Air Force Base, whose medical expertise and French language skills were credited with helping save 14 U.S. Sailors' lives after the terrorist attack on the USS Cole in Yemen in 2000, received France's highest decoration at the French Embassy in Washington June 21.

Maj. Gen. (Dr.) Byron L. Hepburn, currently 59th MDW commander, received the "Ordre national de la Légion d'honneur," or French Legion of Honor, during the ceremony, which was hosted by senior French diplomatic of-

ficials and senior French military officials.

The Legion of Honor was created in 1802 by General Napoleon Bonaparte to recognize the dedication of both civilian and military personnel in serving France.

The honor for Hepburn was an acknowledgement for a career of work promoting French-American relationships dating back to 1975 when, as a U.S. Air Force Academy cadet, he spent six months at the French Air Force Academy in Salon de Provence as part of an exchange program.

"It is no surprise that given your brilliant career path, you are one of the most deserving foreign officers who

has been selected to be awarded the French Legion of Honor," said Lt. Gen. Gérard Nedellec, French Armed Forces Surgeon General and commander of the French Military Health Service, during his remarks at the ceremony.

"From the battlefield to the classrooms of our medical schools, the relationships between the components of the U.S. Military Health System and the French Military Health Service have been improving every day and it is an honor to recognize one of the main people in this unique relationship."

In receiving the award – which is approved by

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**U.S. Air Force photo**

French Lt. Gen. Gérard Nedellec (left), shakes hands with Maj. Gen. (Dr.) Byron L. Hepburn, after pinning on the French Legion of Honor during a ceremony at the French Embassy in Washington June 21. Nedellec is the French Armed Forces Surgeon General and commander of the French Military Health Service. Hepburn is the commander of the 59th Medical Wing at Lackland Air Force Base.



## WHMC from P10

the French president – Hepburn joined such other luminaries as former Air Force Chief of Staff Gen. John P.umper and Adm. Chester W. Nimitz, commander of the U.S. Navy Pacific in World War II.

“As a flight surgeon, you have never failed to promote the development of French-American relations and, to that end, you have frequently and personally intervened in order to make things move forward,” Nedellec said.

Nedellec noted that in 1998, Hepburn’s “perfect command of the French language came in very handy” when he served as a key member of the French-American medical team conducting aeromedical research with the French Military Medical Research Lab.

“Your scientific and operational backgrounds, as well as your charismatic leadership were decisive in managing this very challenging scientific experiment,” he said.

Along the way, Hepburn also has lectured twice at a French military medical school at Lyon and has had numerous collaborations with French military in locations such as Mazar-e-Sharif during a deployment to Afghanistan during Operation Enduring Freedom.

But it was his role while serving as commander of the 86th Aerospace Medicine Squadron at Ramstein Air Base, Germany, in the aftermath of the attack on the USS Cole, that provided the most compelling portion of the French general’s remarks.

Seventeen American Sailors were killed, and 39 were injured as a result of the attack in the Yemeni port of Aden.

“You played a major role in managing the aftermath of the terrorist attack on the USS Cole in Yemen by interfacing between the French armed forces trauma teams stationed in Djibouti and the U.S. forces in charge of the medical evacuation of the American casualties,” Nedellec said.

“Again, your deep knowledge of both French and U.S. military medical organizations, as well as your command of the French language, helped to turn this joint medical operation into a true success story which saved 14 U.S. Sailors.”

During his remarks at the French Embassy, Hepburn said that his



















father – the late James W. Hepburn – served as a company commander with the U.S. Army during WWII and participated in the liberation of France.

The contacts he made during the war continue to be family friends of the Hepburns today.

“This is a great honor, but not an individual one. It’s recognition of teamwork. Recognition at this level is really recognition of multiple teams at the Air Force Academy, the research lab, and medical teams that responded to the USS Cole attack,” the general said.

“I am receiving this distinction on behalf of the many teams that I have had the privilege of working with during my career. I am accepting it on behalf of the Air Force and the Air Force Medical Service.”

## Weekly Weather Watch

	Jul 7	Jul 8	Jul 9	Jul 10	Jul 11	Jul 12
San Antonio Texas	 103° Mostly Sunny	 104° Partly Cloudy	 102° Mostly Sunny	 99° Partly Cloudy	 100° Partly Cloudy	 102° Partly Cloudy
Kabul Afghanistan	 94° Sunny	 93° Sunny	 91° Sunny	 91° Sunny	 94° Sunny	 93° Sunny
Baghdad Iraq	 115° Sunny	 116° Sunny	 117° Sunny	 116° Sunny	 114° Sunny	 115° Sunny

(Source: The Weather Channel at [www.weather.com](http://www.weather.com))

## Edwards Aquifer Level

in feet above sea level  
as of July 6

**CURRENT LEVEL \* = 643.7'**

\*determines JBSA water conservation stage

**Normal - above 660'**

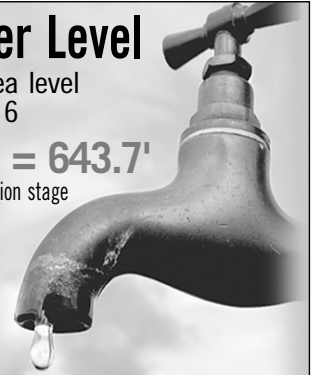
**Stage I - 660'**

**Stage II - 650'**

**Stage III - 642'**

**Stage IV - 640.5'**

**Stage V - 637'**



# Cancer survivors beat another year with courage and strength

By Maria Gallegos  
BAMC Public Affairs

Friends, families and cancer survivors gathered at a local dancehall to celebrate their 5th Annual National Cancer Survivor Day June 25.

Brooke Army Medical Center and Wilford Hall Medical Center hosted the celebration and collaboration of cancer survivors treated at BAMC and WHMC at Cowboys Dancehall in San Antonio. The festivity was moved from BAMC to accommodate the increasing number of survivors.

"Last year, the event was celebrated by more than 1,200 participants and as the numbers keep growing, we had to move the festivity from BAMC medical mall to here – that says a lot about the quality of care and support that BAMC and Wilford Hall provide for our patients," said Maj. Gen. M. Ted Wong, commander of BAMC and Southern Regional Medical Command, who gave remarks at the event.

Col. Mary Garr, commander of 502nd Mission Support Group and a 10-year cancer survivor, along with Air Force Maj. John Renshaw, chief of Hematology Oncology and Bone Marrow Transplant were guest speakers at the event. Col. George Peoples, chief of surgical oncology and BAMC cancer committee gave opening and closing remarks.

They all emphasized the importance of early detection, prevention and education to help beat the disease.

"Another year fuller, another year healthy and happy and enjoying life itself like so many of you," Garr said. "I'm only here today because of health screening, which I didn't get early but I got just in time.

"Get those checkups, even though you might be afraid of what you might hear, I know a lot of folks don't go in because of what they might find out, and that's why my mother is not



Photos by Maria Gallegos

Annabelle Clark, held by her father Air Force Staff Sgt. Jason Clark, eats and dances as she listens to a singer on stage during the 5th Annual National Cancer Survivor Day at Cowboys Dancehall in San Antonio, June 25. Annabelle, 9 months, is the youngest survivor at the event. She is undergoing treatment for neuroblastoma.

here today, she went in too late," the colonel added. "It is important to tell your families and friends out there

"Getting your mammograms or a colonoscopy can detect early signs of cancer and increase your chances of survival and it also can prevent other cancers as well," Renshaw said.

A cancer survivor, Evelyn Sharp, along with her husband Kenneth, a retired service member, was diagnosed with kidney cancer in 2007 and has been treated at BAMC from the beginning. Her sister, Patsy Mendonca, was diagnosed with the same cancer 14 years ago and recently passed in October.

"BAMC has always been good to us. I'm glad to be here [at Cowboys]," Sharp said. "The event gives me the opportunity to socialize with others like me."

Ellie Moxin was told – two days after her 15th birthday –

she had cancer and needed surgery to remove her thyroid gland.

"I knew something was wrong when I saw a lump outside of my left neck and I couldn't swallow," said Moxin, now 18. "I told my Dad and after the doctors at Wilford Hall diagnosed me with a thyroid cancer, they immediately scheduled me for surgery.

"Soon after my surgery, I began my radiation treatment. I have to wait until I turn 21 to find out if the cancer spread throughout my body, but I am feeling positive that I'll be okay."

Moxin was hoping to see others her age at the celebration, but she is happy she came to meet many others who survived cancer.

The oldest cancer survivor was 94. The youngest was Annabelle Clark, a 9-month-old girl with neuroblastoma, a malignant tumor attached to her adrenal gland.

BAMC doctors are confident that with surgery, chemotherapy and annual follow-up screenings, Annabelle will have a long, happy life with her older brothers, ages 7 and 2, her mother said.

Last year, the event had more than 1,200 and this year the event was celebrated by more than 1,300 participants.

"Cancer survivors here today are proof that with hope, strong spirit and a positive attitude that anything and everything is possible- live life to the fullest," Wong said.

According to the National Cancer Survivor website, National Cancer Survivor Day Foundation defines a "survivor" as anyone living with a history of cancer from the moment of diagnosis through the remainder of life.



Jade Gallegos receives a penguin glitter from Aurora Krause, a volunteer from pastoral care at BAMC during the 5th Annual National Cancer Survivor Day at San Antonio's Cowboys Dancehall June 25. Body glitter was one of the numerous activities offered for family and friends of cancer survivors.



A cancer survivor Ellie Moxin with her friend Jeremiah Ortegon at the 5th Annual National Cancer Survivor Day at San Antonio's Cowboys Dancehall June 25. Moxin was diagnosed with a thyroid cancer when she was 15 years old.





Photo by L.A. Shively

Army Surgeon General Lt. Gen. Eric Schoomaker delivers his opening address to the Army Medical Command's Training Symposium, June 27-29 at the Henry B. Gonzalez Convention Center in San Antonio.

# Schoomaker: Army Medicine changing paradigms, treatment modalities with focus on future

By L.A. Shively  
FSH News Leader

"Army Medicine is in the midst of a significant transition; one focused on addressing a broad range of health and one that places the patient at the center," said Army Surgeon General Lt. Gen. Eric Schoomaker during his opening address to the Army Medical Command's Training Symposium, June 27-29 at the Henry B. Gonzalez Convention Center in San Antonio.

Spotlighting how the Army is aiming to meet its health needs holistically – a new paradigm for a military organization – Schoomaker touched on recent approaches to

care that went beyond physical injury; including medical issues affecting a Soldier's mind, body, spirit, as well as social and family fitness.

Flanked by two large screens, Schoomaker emphasized innovations with treating wounded warriors who have lost limbs and the advances in prosthetics; showing short films of warriors climbing rock walls and tackling sports challenges difficult for just about anyone.

Interviews with warriors and their spouses illustrated the benefits the family experienced from involvement with these kinds activities during recovery.

Another film highlighted the reduction of stigma associated with

post-traumatic stress disorder and traumatic brain injury, and the significant gains made in the treatment and management of these injuries and increased access to behavioral health care.

Underlying the improvement in care at home was the progress of care on the battlefield.

"A combat medic's focus on immediate life-saving care at the point of injury often cheats death by seconds with the ability to stop hemorrhaging," the general explained.

Advances in materiel innovation and acquisition, combined with greater training in battlefield

See **SCHOOMAKER, P17**

## Regenerative medicine research opens new pathways to healing for wounded warriors

By L.A. Shively  
FSH News Leader

Enabling patients' bodies to re-grow bones, skin, tissues, even whole organs and limbs is the mission of the Armed Forces Institute of Regenerative Medicine, explained Lt. Col. Brian Moore, deputy director for the organization.

Moore suggested there is new hope for wounded warriors suffering devastating wounds in theatres such as Afghanistan and Iraq, as a result of AFIRM's research, during a presentation he gave at the Exhibit Hall during Army Medical Command's Training Symposium, June 27, at the Henry B. Gonzalez Convention Center in San Antonio.

Established in 2008, AFIRM and its partnership with a consortium of 30 universities is designed to speed the delivery of regenerative medicine therapies by exploring technologies that are too expensive for the private sector to pursue alone according to Moore.

Funded by the Army Medical Research and Materiel Command, the

Navy, the Air Force, National Institutes of Health, Department of Veterans Affairs and others, AFIRM launched three clinical trials focusing specifically on burn repair in March.

Ten clinical trials are currently under way or about to start in areas specific to wounded warrior care that include wound healing without scarring; craniofacial reconstruction; limb reconstruction, regeneration or transplantation; and compartment syndrome, a condition related to inflammation after surgery or injury that can lead to increased pressure, impaired blood flow, nerve damage and muscle death.

One of the newer clinical trials looking at burn repair involves spraying a patient's own healthy cells onto the burned area. Moore explained that doctors harvest a postage-stamp-size piece of healthy skin, break it apart into single cells, suspend them in a gel-like solution and allow them to multiply.

Within hours the cells have multiplied enough that the solution can



Photo by L.A. Shively

Lt. Col. Brian Moore (left) discusses the research that the Armed Forces Institute of Regenerative Medicine is supporting with attendees at the Exhibit Hall during Army Medical Command's Training Symposium, June 27, at the Henry B. Gonzalez Convention Center in San Antonio.

See **RESEARCH, P14**

**PANETTA from P2**

based not solely on our military footprint there but on a real and lasting partnership.

It is in America's interests to help Iraq realize its potential to become a stable democracy in a vitally important region in the world, and to reinforce that responsibility for the future security of Iraq must belong to the Iraqis themselves.

As Secretary of Defense, I will do whatever is necessary to protect America and to meet the needs of the men and women who serve in harm's way, and the families who support them.

Even as the United States addresses fiscal challenges at home, there will be no hollow force on my watch. That will require us all

to be disciplined in how we manage taxpayer resources.

Throughout my career in public service – as a member of Congress, Director of the Office of Management and Budget, White House Chief of Staff, and Director of the Central Intelligence Agency – I have focused on achieving that balance. I will continue that approach at the Pentagon.

We must preserve the excellence and superiority of our military while looking for ways to identify savings. While tough budget choices will need to be made, I do not believe in the false choice between fiscal discipline and a strong national defense. We will all work together to achieve both.

Over this past July 4th weekend, we celebrated our independence, the

freedoms we enjoy, and America's promise. My parents, immigrants from Italy, came to the United States to seek a better life. They taught me that it was important to give something back to the country they adopted.

I will never forget my father's words: "to be free, we must also be secure." As Americans come together to commemorate what we and those before us have accomplished, and as I take on my new role, my thoughts are with you and your families.

You are making personal sacrifices to preserve our liberty, serving on front lines around the world. You are fighting to keep America safe. Rest assured that I will fight with you and for you.

May God bless you and the nation we serve.

**RESEARCH from P13**

be sprayed onto the patient's burns. Moore said the procedure does not require skin grafts and, because cells are grown from the patient's tissue, there is no risk of rejection.

Another clinical trial uses a patient's own healthy skin cells multiplied under laboratory conditions and applied as sheets. Moore explained this procedure can be used to treat third-degree burns without repeated skin grafting and without rejection by the patient's body.

The third clinical trial uses a biosynthetic skin substitute to treat deep, third-degree burns. Biosynthetic skin can be grown in a laboratory setting and stored until it is needed Moore said.

"We can take that off the shelf and apply it."

With AFIRM support, a new device, the BioPrinter, has been fashioned that is similar to an ink jet printer. Instead of ink, cartridges are filled with skin cells grown from a patient's own healthy cells that are sprayed onto the wound to promote healing.

"It maps the topography and can differentiate between a second- and third-degree burn. If it's deeper, the cartridges will dispense certain cells, certain connective tissue, stem cells, fat cells and dermal tissue, fibroblasts and it will lay down collagen," Moore explained.

The hope is that the injured area could be scanned and, based on the depth of the wound, damaged bones, muscles, tendons, ligaments and tissue could be replaced using specific progenitor cells, or stem cells Moore

explained.

Moore stressed that the research into regenerative medicine he is discussing uses the body's own, adult stem cells.

He explains that adult stem cells are already differentiated. In other words they've taken a pathway or are programmed for a specific job like skin, nerve, bone or tendon as opposed to embryonic stem cells which are not differentiated.

Although AFIRM's research is aimed at supporting recovery for wounded warriors, it has implications for improved medical care across the board Moore said, adding that plans are in place for an AFIRM two-point-zero that will expand research into other areas.

"We are always looking for technologies that have promise," Moore said.



# AMEDD Museum breaks ground on Medal of Honor Walk

By Phil Reidinger  
AMEDDC&S Public Affairs

Army Surgeon General Lt. Gen. Eric Schoomaker led a group of former senior Army medical leaders in breaking

ground on a new Medal of Honor Walk at the Army Medical Department Museum June 30.

The Army Medical Department Museum Foundation is leading the fund raising campaign

to secure approximately \$1.3 million in donations to build the facility, which is expected to start construction this fall.

The facility will include a covered 250-seat

amphitheater, plaza, exhibit pavilion, two additional exhibit pergolas and the Medal of Honor Walk with monuments and possibly a kiosk. The kiosk will tell the stories of the 52 Army Medical

Department Medal of Honor recipients.

The new construction will be integrated with the current museum exhibits such as the aeromedical evacuation pavilion, the Dustoff Wall of Fame, the hospital rail car exhibit and the Maj. Gen. Spurgeon Neel memorial courtyard. Neel is considered the father of aeromedical evacuation.

During his remarks, retired Maj. Gen. Patrick Sculley, chairman of the board of the AMEDD Museum Foundation, noted

the representation of by several federal, state and local elected officials at the ceremony recognized the continuing, historic support of the San Antonio community.

"It is one huge continuous embrace of military families," Sculley said.

Schoomaker noted that among the 52 Army medical personnel awarded the Medal of Honor, 18 were officers, 32 were enlisted medics and two were civilians.

"This is a great day for us," he said. I can't think of a better way to show appreciation for their service."



Photo by Phil Reidinger

(From left) Scott Schoner, Col. Mary Garr, retired Maj. Gen. Patrick Brady, Lt. Gen. Eric Schoomaker, retired Maj. Gen. Patrick Sculley, retired Maj. Gen. Kenneth Farmer and Marc Long celebrate the groundbreaking for the Army Medical Department Museum Foundation's \$1.3 million Medal of Honor Walk addition to the museum grounds. Construction will start this fall.

# AMEDD Civilian Corps Chief speaks at USAMITC commander's call

By Kenneth Blair Hogue  
USAMITC Public Affairs

The Army Medical Department Civilian Corps Chief, Gregg Stevens, Senior Executive Service, spoke at a recent U.S. Army Medical Information Technology Center commander's call, held at the Blesse Auditorium.

Stevens spoke about AMEDD Civilian Corps issues, addressing some of the planned developmental career paths that will impact future civilian workforces.

Stevens spent 43 years with the Department of the Army, with nearly 30 years as a commissioned active duty Army officer, then as a contractor and later in civil service, taking his current position Nov. 12, 2009. He's also

the deputy to the commanding general, Army Medical Department Center & School.

"When I took an oath as a civilian, it brought me to tears," he said. "It was just like the military oath, but without the Uniformed Code of Military Justice references."

Stevens later touched on the differences between Military, "pure" civilians and "hybrids;" with military being active duty, "pure" civilians as those who've never had any military experience and "hybrids" being personnel who were prior military, now working in a civil service capacity.

He elaborated on the concept and dynamic of all three groups working together as a team

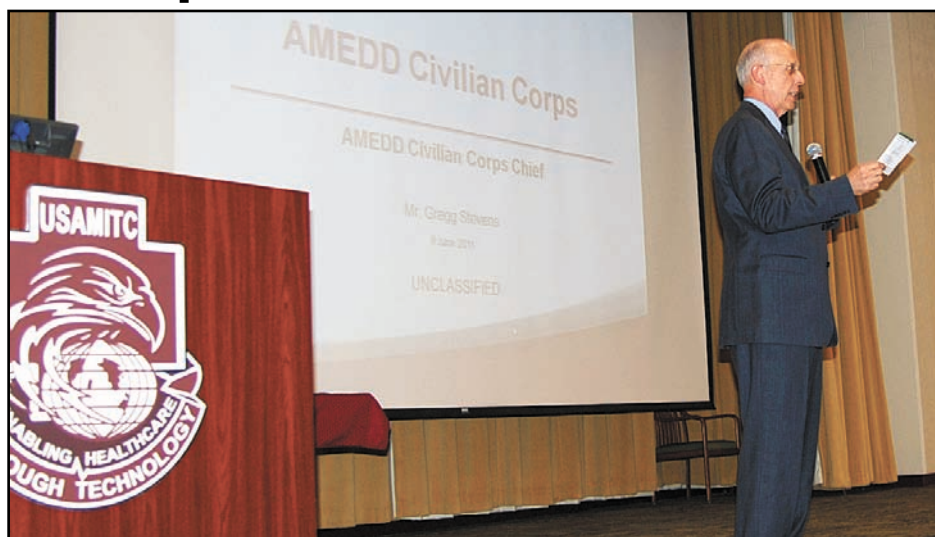


Photo by Kenneth Blair Hogue

The Army Medical Department Civilian Corps Chief, Gregg Stevens, Senior Executive Service, spoke at a recent U.S. Army Medical Information Technology Center commander's call at the Blesse Auditorium.

toward a common goal. But Stevens cautioned against generalizing in any civilian work situation, citing a quote from

Mark Twain, "No generalization is worth a damn, including this one."

Stevens also talked about the target of the Army Medical

Department.

"The AMEDD provides a training ground for when we go to war," he said, adding that the goal of Army medicine

is what happens on the battlefield. "A combat medic looking over and taking care of a patient, that's the target of Army Medicine."

"Pay attention to what's happening in the next two years, because it's coming; the training of civilians to be leaders," he said, touching on Army perspectives of the civilian corps. "There's a teamwork dynamic between military and civilians. We're all in this together."

Stevens also emphasized that "It's all about attitude," and that in regard to civilian careers, "You have a choice."

He ended his presentation by using an Old-West analogy: "We'll be much better off if we all saddle up and ride off together."



**SCHOOMAKER from P13** resuscitation.

medicine, have resulted in a 95 percent survivability rate or better on the battlefield and the evolution of the medical corpsman to the combat medic, Schoomaker said.

The Army partnered with private industry to improve methodologies in the field, resulting in items such as the Improved First-Aid Kit that allows individual Soldiers to provide self-aid and/or buddy-aid for the two leading causes of death on the battlefield: severe hemorrhage and inadequate airway.

“Recognizing the need for more capable medics, (Army Medical Department) Center & School expanded Combat Medic training from 10 weeks to 16 weeks, including extensive training in trauma medicine and mandatory certification as a nationally registered Emergency Medical Technician.”

Schoomaker said today a Combat Medic’s skills run the gamut from basic life support to calling for a helicopter; from hemorrhage control to airway management; treating penetrating trauma to triage and

He acknowledged the Special Operations community for their work with improving life saving skills, especially the 75th Ranger Regiment’s Sgt. Major Tom “Pineapple” Perez, to whom Schoomaker presented a coin.

The Surgeon General gave a nod to Army Aeromedical Evacuation as a key reason for the high survivability rate on the battlefield, and reported that AMEDDC&S will be redesigning the Flight Medic course, so students will train with civilian paramedics.

Lt. Col. Brian Moore, Armed Forces Institute of Regenerative Medicine deputy director, explained that the high rate of battlefield survivability coupled with the necessity of caring for wounded Soldiers and their families at home is the impetus for transforming Army medicine.

Moore’s was the first of three special presentations conducted in the Exhibit Hall, one each day of the symposium. Moore gave a broad overview of Regenerative Medicine, and research conducted by AFIRM and their partners at medical research centers

AFIRM recently launched three promising clinical trials seeking to improve warriors’ burn care.

A presentation on the Army’s Comprehensive Pain Management Campaign Plan was given on the second day, and the final day featured the Army Medical Home, an initiative to place clinics in communities with high Soldier Family densities.

Schoomaker closed his discussion with a promise of support to wounded warriors and their families.

“An extremely tough enemy, coupled with increased battlefield survival rates, are resulting in an increased number of wounded service members with multiple amputations, and complex and devastating injuries – some plain to see and some hidden,” he said.

“They will require our clinical and emotional support for years to come. With the trust of Families and Partners, Army Medicine, and our fellow Medical Departments in other services and the VA, we will return our wounded warriors to maximum health.”

## SPAIN’S CONTRIBUTIONS TO AMERICAN REVOLUTION CELEBRATED



**Photo by Esther Garcia**

Retired U.S. Navy Capt. Joel Escamilla, dressed in period uniform, with the Granaderos y Damas de Galvez, retires the colors during the 27th annual 4th of July Patriotic Ceremony celebrating Spain’s contributions to the American Revolution. During the first two years of the American Revolution, Spain, though not at war with England, provided assistance to the American colonists with clothing, muskets, ammunition, medicine and money. In 1779, Spain formally declared war on England, and two months later, General Bernardo de Galvez began a successful campaign against the British. Highlights of the ceremony included presentations of wreaths by various civic and veterans organizations, reading of the Declaration of Independence and a roll call of the 13 colonies followed by a volley by the musket firing party.



# W O R S H I P SCHEDULE

**Main Post Chapel, Building 2200, 221-2754**

**Catholic Services:**

4:45 p.m. - Reconciliation - Saturdays  
5:30 p.m. - Mass - Saturdays  
9:30 a.m. - Mass - Sundays

11:30 a.m. - Mass - weekdays

**Protestant Services - Sundays:**

8:00 a.m. - Collective Protestant  
11:00 a.m. - Collective Protestant

**Jewish Services: 379-8666 or 493-6660**

8:00 p.m. - Fridays - Worship and  
8:30 p.m. - Oneg Shabbat

**Dodd Field Chapel, Building 1721, 221-5010 or 221-5432**

**Catholic Services:**

9:15 to 11:15 a.m. - Catholic Women of the Chapel Enrichment or Bible Study - Mondays

12:30 p.m. - Mass - Sundays

**Protestant Services:**

10:30 a.m. - Gospel Protestant - Sundays

9:30 to 11:30 a.m. - Protestant Women of the Chapel meeting - Wednesdays, child care is provided

6:30 to 7:30 p.m. - Protestant Women of the Chapel meeting - Thursdays, child care is provided

**Samoan Protestant Service:**

8:00 a.m. - Sundays

**Brooke Army Medical Center Chapel, Building 3600, 916-1105**

**Catholic Services:**

8:30 a.m. - Mass - Sundays  
11:30 a.m. - Mass - Sundays

**Protestant Services:**

10:00 a.m. - Worship Service - Sundays

**Episcopal/Lutheran Rite services:**

12:30 p.m. - Traditional worship - Thursdays

**Center for the Intrepid, first floor, 916-1105**

**Christ for the Intrepid services:**

5:30 p.m. - Coffee and fellowship

- Sundays

6:00 p.m. - Contemporary worship

- Sundays

**AMEDD Regimental Chapel, Building 1398, 221-4362**

**32nd Medical Brigade Student services**

**Catholic Mass:** 8:00 a.m. - Sundays

**Contemporary Protestant Service:**

9:30 a.m. and 11:01 a.m. - Sundays

**Muslim Jumma:** 1:30 p.m. - Fridays

**Installation Chaplain Office,**

**Building 2530, 221-5007**

**Church of Jesus Christ of**

**Latter Day Saints:**

8:30 a.m. - Sundays

**Web site: <http://www.samhouston.army.mil/chaplain>**



## Announcements

### Defend Your Heart Research Study

The Center for Nutrition Research is conducting a process evaluation of a web-based nutrition education program to reduce cardiovascular disease risk among DOD beneficiaries. Must be active duty, retired and family member over the age of 18, have elevated total blood cholesterol above 200 mg/dL and elevated LDL above 100 mg/dL, currently not taking cholesterol lowering medications and do not have a pacemaker. If qualified, you will receive a blood pressure, body composition and lipid profile. Call 221-6274 or 719-310-6708 for information.

### Cloverleaf Communicators Club

The Cloverleaf Communicators Club is open to military, family members and civilians who are interested in developing or enhancing their leadership and communications

skills. Meetings are held the first and third Thursday of every month 11:45 a.m.-1 p.m. at San Antonio Credit Union, Stanley Road, in the conference room. Call 916-3406 or 221-8785 for information or visit <http://powertalkinternational.com/>.

### Toastmasters Club

The club meets the second and fourth Wednesday of every month noon-1 p.m. in the Joint Program Management Office conference room 1A, Building 4196. Call 663-4814 or 850-420-1610 or visit <http://www.futurespeakers.freetoasthost.org>.

### Van Autreve Sergeants Major Association

The SMA Leon L. Van Autreve Sergeants Major Association meets the third Thursday of each month at 5 p.m. at the Longhorn Café, 1003 Rittiman Rd. All active duty, Reserve, National Guard and retired sergeants major are invited and encouraged to attend. Call 221-0584 or 889-8212 for information.

### Sergeant Audie Murphy Club

The SMA Leon L. Van Autreve Chapter of the Sergeant Audie Murphy Club meets the third Thursday of each month at noon in the Men's

Card Room at the Fort Sam Houston Golf Club. All Sergeant Audie Murphy or Sergeant Morales members are invited and encouraged to attend. Call 808-5194.

### Diabetes Study

Do you have Type 2 diabetes? Are you overweight? You may be a candidate for a research study entitled, "Sleeve gastrectomy versus medical management for remission of diabetes in mild to moderately obese patients." Candidates must be military medical beneficiaries (retired and family members of active duty and retired), 18-65 years old, diagnosed with Type 2 diabetes and on medication. Active duty personnel are unable to participate. Call 292-2210 for information.

### Lost Property

If you have lost any property on Fort Sam Houston, call 221-2340. To claim items, you must have a form of photo identification and be able to identify the property.

## Calendar of Events

### July 14

#### Summer Concert Series

Wilbert Beasley, Body & Soul

will be performing at 7 p.m. at the San Antonio Botanical Garden, 555 Funston at N. New Braunfels. Admission is \$8. Blankets and chairs are welcome, no outside food or beverages. Call 829-5100 or visit <http://www.sabot.org>.

### July 28

#### Korean War Veterans Anniversary

The Korean American Association of San Antonio is planning a 61st anniversary appreciation event beginning at 5:30 p.m. at the FSH Golf Club for Korean War veterans who served in the Korean Theater of Operations from June 1950-October 1954. Reserve a seat by July 19. A complimentary dinner will be provided for each Korean War veteran and his or her one guest. Call 481-3047 or 651-5786 for information.

### AUGUST 6

#### BAMC Auxiliary Incoming Spouses Orientation

New to San Antonio? New to BAMC? New to the military life? BAMC Auxiliary presents Incoming Spouses Orientation from 9:30 a.m.-2:30 p.m. Meet new friends who share the same background, tour BAMC/Center for Intrepid/Fisher Houses/Wounded Family Support Center, receive information about San Antonio life and resources offered at Fort Sam Houston and learn about the programs and services offered by the BAMC Auxiliary. Limited seating. RSVP to [programs@bamcauxiliary.org](mailto:programs@bamcauxiliary.org) or 290-9167 by July 31.

## Force Support Squadron

Family & MWR

### Announcements

#### Driver's Education Course

Classes for children ages 14-18 are Monday-Friday, July 18-Aug. 8 from 5 -7 p.m. at Family Childcare, Modular 1630 A, Sultan Road. Register at Army Community Service, Building 2797, 2010 Stanley Road. Students must provide a verification of enrollment form from their school. Call 221-4871.

#### Men and Women's Intramural Sports

Coaches and players are needed for flag football, basketball, soccer and softball. Register at the 32nd Medical Brigade Gym, Building 1281, Garden Road. Call 221-3003 for information.

#### EDGE! Summer Fun and Activities

Now registering children in first through 12 grades for various activities. To register, call 221-4871 or visit <https://webtrac.mwr.army.mil>.

#### BOSS Joint Base Weekend Getaway at Canyon Lake

Aug. 5-8, \$70 per person, includes room and meals. Must be 18 or older to participate, payment due by July 15. Call 221-4242.

#### Junior Golf Clinics

Register now for junior golf clinics held 9-11 a.m., July 11-15 and Aug. 8-12 at the Fort Sam Houston Golf Club, 1050 Harry Wurzbach Road. Cost is \$100 per student. Call 222-9386.

#### Bowling Specials

Specials include Wednesday nights, all you can bowl from 5-9 p.m. for \$20. AIT students can bowl for \$1 per game and \$1 shoe rental, Tuesdays from 11 a.m. to 9 p.m. at the Fort Sam Houston Bowling Center, Building 2521 Schofield Road. Call 221-3683.

#### Nathan's Hot Dogs at the Club

Tuesday- Friday from 11 a.m.-1 p.m., purchase a hot dog, chips and soda for \$3.25 at the Sam Houston Club, Building 1395, Chaffee Road. Call 224-2723.

#### Learn to Swim

Register children 6 months to 16 years old for swimming lessons. Cost is \$40 per child. Call 221-1234.

#### Story Time at the Library

The Keith A. Campbell Memorial Library invites parents with toddlers and preschool age children to story time Thursdays at 10 a.m. for stories, singing and arts and crafts. Call 221-4702.

#### Catfish Pond at Camp Bullis

Camp Bullis has opened the pay-as-you-go catfish pond. Catfish are \$2 per pound (live weight). No fishing license required. Pole rental is \$1. Call 295-7577.

#### Language Classes

English as a Second Language classes are held Monday and Wednesday 5-7:30 p.m. and Spanish classes are held Tuesday and Thursday 5-7:30 p.m. at the Roadrunner Community Center, Building 2797, for military I.D. cardholders. To register, call 221-1372/2705.

#### Microsoft Office Classes

July 12 – PowerPoint Level 1  
July 13 – Excel Level 1  
July 14 – Word Level 2

Classes are 8 a.m.-noon at the Roadrunner Community Center, Building 2797. To register, call 221-2518/2705.

### Calendar of Events

#### July 7

##### ScreamFree Parenting

Classes are July 7, 14, 21 and 28 from 11:30 a.m.-1:30 p.m. at the Red Cross, Building 2650. For more information, call 221-0349/2055.

#### Mandatory Initial First Termer Financial Readiness

The class is 10 a.m.-noon at the Roadrunner Community Center, Computer Lab Building 2797. To register, call 221-1612.

#### July 8

##### Overseas Orientation

The class is 10 to 11 a.m. and again at 5-6 p.m. at the Roadrunner Community Center, Building 2797. Call 221-1681/2705.

#### Family Readiness Group Leader's Forum

The forum is 11:30 a.m.-1 p.m.

#### Outdoor Movie Nights

July 8, "The Green Hornet," rated PG-13, at the flagpole

July 9, "Gnomeo and Juliet" rated G, at Dodd Field

July 22, "Battle: Los Angeles" rated PG-13, at the flagpole

July 23, "Yogi Bear" rated PG, at Dodd Field

All movies begin at dusk around 8-8:30 p.m. The movie time will get later as daylight remains longer. Bring chairs or blankets and enjoy free popcorn, snow cones and cotton candy. Call 221-2418/2704.

at the Roadrunner Community Center, Building 2797. To register, call 221-1829/0946.

#### Man of the House

The class is noon-1:30 p.m. at the Red Cross, Building 2650. This class will discuss techniques on how men can balance the various roles of fatherhood, provider, protector, teacher and leader. Call 221-0349/2055.

#### July 11

##### Step-Families 101

This six-part class is July 11, 18, 25, August 1, 8 and 15 from 11:30 a.m.-1 p.m. at the Roadrunner Community Center, Building 2797. Call 221-0349/2055.

#### Dare to be Debt Free

The class is 2-4 p.m. at the Roadrunner Community Center, Building 2797. To register, call 221-2380.

#### July 12

##### H.U.G.S. Playgroup

This group for parents and children up to 5 years old meets Tuesdays, 9-11 a.m. at the Middle School Teen Center, Funston Road Building 2515 for interactive fun play. Registration is not required. Call 221-0349/2418 for information.

#### Unit Family Readiness Training

The training is 10-11 a.m. at

the Roadrunner Community Center, Building 2797. To register, call 221-1829/0946.

#### BEAMS a.m. Class

This six-part series is July 12, 19, 26, Aug. 2, 9 and 16 from 11 a.m.-12:30 p.m. at the Red Cross, Building 2650. Call 221-0349.

#### Baby Talk

This new parents support group meets Tuesdays, 1-2:30 p.m. at Dodd Field Chapel. Light snacks and drinks are provided. Call 221-0349/0655.

#### Buyer Beware

The class is 2-4 p.m. at the Roadrunner Community Center, Building 2797. To register, call

221-2380.

#### BEAMS p.m. Class

This six-part series is July 12, 14, 19, 21, 26 and 28 from 5:30-7 p.m. at the Roadrunner Community Center, Building 2797. Call 221-0349.

#### July 13

##### Key Caller Training

The training is 8 a.m.-4 p.m. at the Roadrunner Community Center, Building 2797. To register, call 221-1829/0946.

#### FAP Commander/Senior Leader Training

The training is 8-10 a.m. at the Roadrunner Community Center, Building 2797. This mandatory

FAP training IAW AR 608-18 is required for commanders and first sergeants within 45 days following assumption of command. This training provides a Family Advocacy Program overview about the command role in reporting domestic violence. Call 221-0349.2055.

#### Bringing Baby Home

Classes are July 13 and 27, 9 a.m.-12:30 a.m. at the Red Cross, Building 2650. Call 221-0349/0657.

#### Mandatory Initial First Termer Financial Readiness

The class is noon-2 p.m. at the Education Center, Building 2248. To register, call 221-1612.

### Thought of the Week

*We are always too busy for our children; we never give them the time or interest they deserve. We lavish gifts upon them; but the most precious gift, our personal association, which means so much to them, we give grudgingly.*

— Mark Twain

**Rocco Dining Facility Menu**     **Building 2745, Schofield Road**

*Dining Room Breakfast Hours:  
Monday-Friday 6:15-8:15 a.m.,  
weekends and holidays 8-9:30 a.m.*

**Friday – July 8**

**Lunch – 11 a.m. to 1 p.m.**  
Vegetable soup, potato chowder soup, Creole macaroni, chipper fish, meat loaf, vegetarian burritos, oven fried fish, brown rice, O'Brien potatoes, Japanese vegetable stir fry, steamed carrots, fried cabbage  
**Dinner – 5 to 7 p.m.**  
Chicken pot pie, barbecued beef cubes, lemon baked fish, cheese tortellini, steamed rice, mashed potatoes, stewed tomatoes, club spinach

**Saturday – July 9**

**Lunch – noon to 1:30 p.m.**  
Cream of chicken soup, pepper pot soup, baked chicken breasts, pork chops with pineapples, hamburger yakisoba, cheese manicotti with marinara sauce, baked redskin potatoes, wild rice, calico cabbage, herbed broccoli  
**Dinner – 5 to 6:30 p.m.**  
Blackened fish, chicken fajitas, stuffed green peppers, vegetarian nuggets, steamed rice, garlic roasted potato wedges, squash and carrot medley, pinto beans

**Sunday – July 10**

**Lunch – noon to 1:30 p.m.**  
Cream of broccoli soup, tomato rice soup, roast beef, turkey enchiladas, baked stuffed fish, vegetable pasta primavera, southwestern rice, mashed potatoes, waxed beans,

corn on the cob, green beans  
**Dinner – 5 to 6:30 p.m.**  
Grilled steaks, oven-baked breaded shrimp, hamburgers, cheese-burgers, Cajun grilled chicken sandwiches, vegetable pizza, grilled cheese sandwiches, baked potatoes, baked potato bar, sautéed onions and mushrooms, mixed vegetables, broccoli, French fries

**Monday – July 11**

**Lunch – 11 a.m. to 1 p.m.**  
Cream of potato soup, minestrone soup, Chinese five spice chicken, meat loaf, spicy Italian pork chops, lemon baked fish, spinach tortellini with marinara, spicy brown rice, mashed potatoes, peas and carrots, herbed green beans  
**Dinner – 5 to 6:30 p.m.**  
Chicken tetrazzini, Caribbean fish, grilled ham steaks, eggplant parmesan, Kansas medley rice, mashed potatoes, asparagus, squash and carrot medley

**Tuesday – July 12**

**Lunch – 11 a.m. to 1 p.m.**  
Texas tortilla soup, cream of mushroom soup, roast turkey, beef stew, broccoli-rice and cheese, tamale pie, sweet potatoes, cornbread dressing, steamed rice, Mexican rice, pinto beans, Mexican corn, carrots  
**Dinner – 5 to 7 p.m.**  
Herbed baked chicken, barbecued pork chops, spicy baked fish, beef fajitas, cheese enchiladas, red beans and rice, rosemary roasted potato wedges, refried beans with

cheese, stir fry cabbage, corn O'Brien, spinach  
**Wednesday – July 13**  
**Lunch – 11 a.m. to 1 p.m.**  
Cream of potato soup, chicken gumbo soup, baked chicken and rice, fish parmesan, lasagna, meatball stroganoff, vegetable lasagna, oven browned potatoes, caviar medley rice blend, parslid egg noodles, lima beans, vegetable stir fry, Brussels sprouts  
**Dinner – 5 to 7 p.m.**  
Grilled hamburger steaks, chicken cacciatore, lemon baked fish, breaded pork fritters, sweet potatoes, black beans and corn, steamed rice, mashed potatoes, stewed tomatoes, green beans, fried cabbage

**Thursday – July 14**

**Lunch – 11 a.m. to 1 p.m.**  
Chicken vegetable soup, cream of broccoli soup, oven baked fried chicken, Cajun baked catfish, barbecued spareribs, meat loaf, hopping john rice, candied sweet potatoes, macaroni and cheese, steamed rice, mustard greens, corn on the cob, peas  
**Dinner – 5 to 7 p.m.**  
Braised pork chops, chicken and Italian vegetable pasta, cheese enchiladas, chili macaroni, southwestern rice, O'Brien potatoes, savory squash, black-eyed peas, broccoli  
*Menus are subject to change without notice*



**For Sale:** Folding metal sleeping cot on rollers, fits under a bed, like new, \$60; men's bowling ball, \$5. Call 656-7840.

**For Sale:** GE Profile washing machine, work good, \$100; large bird cage, 2 feet by 2 feet by 3 feet, \$125. Call 653-3286.

**For Sale:** Samsung 32-inch flat screen TV, \$165; Garmin Nuvi GPS, \$40; Vera Wang wedding toasting flutes, \$30; Coach purse with matching wallet, \$60; 26-inch by 33-inch framed lithograph painting, \$40; Jack Georges leather

**REMINDER CALENDAR**

<b>July 8</b>	502nd MSG change of command ceremony, 9 a.m., FSH flagpole
<b>July 21</b>	Public Health Command Region-South Change of Command, 8 a.m., FSH Flagpole
<b>July 22</b>	Veterinary Command Inactivation, 8 a.m., FSH Flagpole
<b>July 22</b>	Outdoor Movie Night, "Battle: Los Angeles," 8:30 p.m., FSH Flagpole
<b>July 23</b>	Outdoor Movie Night, "Yogi Bear," 8:30 p.m., Dodd Field
<b>July 26</b>	Newcomer's Extravaganza, 9:30-11 a.m., Sam Houston Club
<b>July 28</b>	Consolidated Monthly Retirement Ceremony, 9 a.m., FSH Quad

briefcase, \$150; designer dog bed, \$30; 48-inch antique, oval mirror on stand, \$75 obo; storage cabinet, \$17; Sunbeam gas barbecue grill, \$15, skate board, \$20; new bike helmet, \$20; solid wood French door, 32 inches by 80 inches, \$42; computer desk, \$17. Call 313-0061.

**For Sale:** New, Shiatsu & vibration neck massager \$12; new "The Bean" ultimate exerciser \$25; JVC compact component system w/bookshelf speakers \$63 obo; Wyndmere Ultrasonic Nebulizer, new \$35; new end table set \$68. 545-7692.